

JANUARY/FEBRUARY 2012

Iyengar Yoga in Elm Bank Training Centre, Coventry

***Elm Bank
Training Centre,
Mile Lane
Coventry
CV1 2LQ***

Prices:

£30 for 5 sessions

£6 per session for
block booking the
course, payable at the
first class,
Drop-in £8

Phone:

0770 953 1374

E-mail:

Elainebev@
btinternet.com

Website:

www.iyengaryogacoventry.co.uk

Schedule

**Classes will be held 7- 8.30 pm
on:**

10 January

17 January

24 January

31 January

7 February

(Note 5 sessions)

Elm Bank Training Centre,



Only the world's most knowledgeable and rigorously trained yoga teachers earn the Iyengar Yoga Certification Mark: BKS Iyengar in the standing Natarajasana.

This indicates that the teacher is properly trained and qualified to teach yoga.