

**September/October 2010**

# **Iyengar Yoga in Cannon Park Coventry**

St Joseph the Worker  
Parish Hall  
1 De Montfort Way  
Cannon Park  
Coventry  
CV4 7DU  
(Behind Tesco's)

## **Prices:**

**£35 for 7 sessions**

£5 per session for  
block booking the  
course, payable at the  
first class,

**Or:**

**£7 each drop-in ses-  
sion.**

**Phone:**

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**Website:**

[www.iyengaryogacoven  
try.co.uk](http://www.iyengaryogacoven<br/>try.co.uk)

## **Schedule**

**Classes will be held 7- 8.30 pm  
on:**

**7 September**

**14 September**

**21 September**

**28 September**

**5 October**

**12 October**

**19 October**

**(Note 7 sessions)**

**St Joseph the Worker Parish Hall**

**1 De Montfort Way**

**Cannon Park**

**Coventry**

**CV4 7DU**

**(Behind Tesco's)**



Only the world's most knowledgeable and rigorously trained yoga teachers earn the Iyengar Yoga Certification Mark: BKS Iyengar in the standing Natarajasana.

This indicates that the teacher is properly trained and qualified to teach yoga.